





**CLAY POT STEW**

- Seafood Stew ..... 14.95  
Prawns, scallops, baby corn, mushrooms and water chestnuts  
*(This item must be ordered "without meatballs" to be gluten free.)*
- Clay Pot Tofu Stew ..... 11.95  
Steamed tofu with Fen-si (thin bean starch noodles) and three kinds of mushrooms
- Land and Sea Stew (two quarts) ..... 16.95  
This homestyle broth overflows with delicious meats, vegetables, steamed tofu, fen-si noodles and seafood *(This item must be ordered "without meatballs" to be gluten free.)*

**MU SHU**

- (Gluten Free Mu Shu comes with three servings of white or brown rice, instead of pancakes)*
- Mu Shu is a recipe of cabbage, scallions, mushrooms, bamboo shoots and eggs sautéed together
- Mu Shu Vegetable and egg (as described above) ..... 11.25
- As above, plus add chicken ..... 11.25
- As above, plus add pork ..... 11.25
- As above, plus add shrimp ..... 11.95
- (Note: Pressed tofu cannot be guaranteed gluten free, so it is not listed here.  
Hoisin sauce is NOT gluten free.)*

**RICE**

- Fried Rice: ..... 9.95  
With choice of beef, chicken, vegetables, OR (regular) pork,  
(BBQ pork is **NOT** available gluten-free)
- Shrimp Fried Rice ..... 10.50
- Snappy Dragon Fried Rice ..... 10.50  
Contains an assortment of shrimp, beef, chicken and vegetables
- Mandarin Fried Rice ..... 11.25  
Shrimp, eggs and scallions in a lightly-fried white rice  
*(Order "without pickled vegetables" for it to be gluten-free.)*
- Steamed White Rice: ..... 2.50 per pint
- Steamed Brown Rice: ..... 3.00 per pint

**STIR-FRIED NOODLES**

- Chow Mi-Fun ..... 9.95  
Stir-fried fine rice noodles with choice of pork, beef, chicken OR vegetables
- Shrimp Chow Mi-Fun ..... 10.50
- Snappy Dragon Chow Mi-Fun ..... 10.50  
Stir-fried fine rice noodles with shrimp, chicken, beef AND vegetables
- Seafood Chow Mi-Fun ..... 11.50  
Stir-fried fine rice noodles with shrimp, scallops and squid

**PORK**

- ★Hunan Pork..... 10.95  
Shredded pork and bamboo shoots in spicy black bean sauce

**BEEF**

- ★Mongolian Beef..... 11.55  
Spicy beef with green onions, on crispy rice noodles
- ★Szechuan Garlic Beef..... 11.55  
Beef with sweet bell peppers, onions and garlic
- ★Ginger Beef..... 11.55  
Fresh ginger sautéed with bamboo shoots and beef
- ★Hunan Beef..... 11.55  
Sliced beef in spicy black bean sauce, with a variety of vegetables
- Beef with Broccoli OR Beef with Snow Peas and Water Chestnuts ..... 11.55

**VEGETABLES AND TOFU**

*Note: Fried tofu may have contacted oil that has contacted wheat.  
Please specify "steamed tofu," if you wish to avoid this risk.*

- Assorted vegetables ..... 9.95  
Broccoli, snow peas, mushrooms, baby corn, carrots, and more, stir-fried in  
YOUR CHOICE of sauce:
  - ★Szechuan Sauce
  - Garlic Sauce
  - Black Bean Sauce
 OR steamed and served with your choice of sauce on the side  
 ADD Fried or Steamed Tofu to this or any other dish (*see Fried tofu note above*) .. +2.50
- ★Mongolian Tofu ..... 10.95  
Spicy fried tofu with green onions, on crispy rice noodles (*see Fried tofu note above*)
- Dry Sauteed String Beans with Almonds ..... 11.25  
*Garlic Sauce OR Black Bean Sauce available gluten free, but please  
order "without almonds" to avoid risk of gluten contamination.*  
Original sauce not guaranteed gluten free, due to pickled vegetables and almonds.
- ★Ma Po Tofu (Szechuan Steamed Bean Curd) Rich and Spicy..... 9.95  
...with beef or pork added to the tofu..... 10.95
- Spinach OR Bok Choi with fresh garlic ..... 11.25
- ★Ginger Tofu ..... 10.95  
Fresh ginger sautéed with bamboo shoots and fried tofu (*see Fried tofu note above*)
- ★Kung Pao Tofu ..... 10.95  
Fried tofu tossed with chili peppers, green onions and peanuts (*see Fried tofu note above*)  
*Order "without peanuts" to avoid risk of gluten contamination.*
- ★Rainbow Tofu ..... 11.25  
Tender cubes of steamed tofu, gently stir-fried with a variety of vegetables  
and spicy Szechuan sauce

**CHICKEN**

- ★Kung Pao Chicken..... 11.55  
Sliced chicken breast with green onions, chili peppers and peanuts  
*Order "without peanuts" to avoid risk of gluten contamination.*
- ★Szechuan Garlic Chicken ..... 11.55  
Loaded with sweet bell peppers, onions and garlic
- ★Chicken in Black Bean Sauce with onions ..... 11.55
- ★Mongolian Chicken ..... 11.55  
Spicy white chicken with green onions, on crispy rice noodles
- White Chicken and Vegetables in YOUR CHOICE of sauce ..... 11.55  
Choose from: ★Szechuan sauce  
Garlic sauce  
Black bean sauce
- Stir-fried Almond Chicken with bamboo shoots and green peppers ..... 11.55  
*Order "without almonds" to avoid risk of gluten contamination.*
- Moo Goo Gai Pan ..... 11.55  
Sliced chicken breast with mushrooms and snow peas
- White Chicken with Broccoli..... 11.55
- Pineapple Chicken with Cashews and Snow Peas..... 11.55  
*Order "without cashews" to avoid risk of gluten contamination.*

**SEAFOOD**

- ★Kung Pao Shrimp OR Scallops ..... 13.95  
With green onions, chili peppers and peanuts  
*Order "without peanuts" to avoid risk of gluten contamination.*
- Snappy Vegetables with Prawns or Scallops..... 13.50  
In a gently flavored garlic sauce
- Crystal Prawns with Mushrooms..... 13.50  
Prawns in a delicate, crystal clear sauce
- Prawns in "Lobster" Sauce ..... 13.50
- Cashew Shrimp with Water Chestnuts ..... 13.50  
*Order "without cashews" to avoid risk of gluten contamination.*
- Happy Family ..... 14.95  
Prawns, scallops, and white chicken, stir-fried with fresh vegetables  
*(This item must be ordered "without meatballs" to be gluten free.)*
- ★Kung Pao Squid..... 13.95  
Tender chunks of squid steak curled up together with green onions,  
chili peppers and peanuts  
*Order "without peanuts" to avoid risk of gluten contamination.*
- ★Salt and Pepper Squid.....\$14.25  
Crispy fried squid curls tossed with savory spices