



CLAY POT STEW

- Seafood Stew 14.95
Prawns, scallops, baby corn, mushrooms and water chestnuts
(This item must be ordered "without meatballs" to be gluten free.)
- Clay Pot Tofu Stew 11.95
Steamed tofu with Fen-si (thin bean starch noodles) and three kinds of mushrooms
- Land and Sea Stew (two quarts) 16.95
This homestyle broth overflows with delicious meats, vegetables, steamed tofu, fen-si noodles and seafood *(This item must be ordered "without meatballs" to be gluten free.)*

MU SHU

- (Gluten Free Mu Shu comes with three servings of white or brown rice, instead of pancakes)*
- Mu Shu is a recipe of cabbage, scallions, mushrooms, bamboo shoots and eggs sautéed together
- Mu Shu Vegetable and egg (as described above) 11.25
- As above, plus add chicken 11.25
- As above, plus add pork 11.25
- As above, plus add shrimp 11.95
- (Note: Pressed tofu cannot be guaranteed gluten free, so it is not listed here.
Hoisin sauce is NOT gluten free.)*

RICE

- Fried Rice: 9.95
With choice of beef, chicken, vegetables, OR (regular) pork,
(BBQ pork is **NOT** available gluten-free)
- Shrimp Fried Rice 10.50
- Snappy Dragon Fried Rice 10.50
Contains an assortment of shrimp, beef, chicken and vegetables
- Mandarin Fried Rice 11.25
Shrimp, eggs and scallions in a lightly-fried white rice
(Order "without pickled vegetables" for it to be gluten-free.)
- Steamed White Rice: 2.50 per pint
- Steamed Brown Rice: 3.00 per pint

STIR-FRIED NOODLES

- Chow Mi-Fun 9.95
Stir-fried fine rice noodles with choice of pork, beef, chicken OR vegetables
- Shrimp Chow Mi-Fun 10.50
- Snappy Dragon Chow Mi-Fun 10.50
Stir-fried fine rice noodles with shrimp, chicken, beef AND vegetables
- Seafood Chow Mi-Fun 11.50
Stir-fried fine rice noodles with shrimp, scallops and squid

PORK

- ★Hunan Pork..... 10.95
Shredded pork and bamboo shoots in spicy black bean sauce

BEEF

- ★Mongolian Beef..... 11.55
Spicy beef with green onions, on crispy rice noodles
- ★Szechuan Garlic Beef..... 11.55
Beef with sweet bell peppers, onions and garlic
- ★Ginger Beef..... 11.55
Fresh ginger sautéed with bamboo shoots and beef
- ★Hunan Beef..... 11.55
Sliced beef in spicy black bean sauce, with a variety of vegetables
- Beef with Broccoli OR Beef with Snow Peas and Water Chestnuts 11.55

VEGETABLES AND TOFU

*Note: Fried tofu may have contacted oil that has contacted wheat.
Please specify "steamed tofu," if you wish to avoid this risk.*

- Assorted vegetables 9.95
Broccoli, snow peas, mushrooms, baby corn, carrots, and more, stir-fried in
YOUR CHOICE of sauce:
 - ★Szechuan Sauce
 - Garlic Sauce
 - Black Bean Sauce
 OR steamed and served with your choice of sauce on the side
 ADD Fried or Steamed Tofu to this or any other dish *(see Fried tofu note above)* .. +2.50
- ★Mongolian Tofu 10.95
Spicy fried tofu with green onions, on crispy rice noodles *(see Fried tofu note above)*
- Dry Sauteed String Beans with Almonds 11.25
*Garlic Sauce OR Black Bean Sauce available gluten free, but please
order "without almonds" to avoid risk of gluten contamination.*
Original sauce not guaranteed gluten free, due to pickled vegetables and almonds.
- ★Ma Po Tofu (Szechuan Steamed Bean Curd) Rich and Spicy..... 9.95
...with beef or pork added to the tofu..... 10.95
- Spinach OR Bok Choi with fresh garlic 11.25
- ★Ginger Tofu 10.95
Fresh ginger sautéed with bamboo shoots and fried tofu *(see Fried tofu note above)*
- ★Kung Pao Tofu 10.95
Fried tofu tossed with chili peppers, green onions and peanuts *(see Fried tofu note above)*
Order "without peanuts" to avoid risk of gluten contamination.
- ★Rainbow Tofu 11.25
Tender cubes of steamed tofu, gently stir-fried with a variety of vegetables
and spicy Szechuan sauce

CHICKEN

- ★Kung Pao Chicken..... 11.55
Sliced chicken breast with green onions, chili peppers and peanuts
Order "without peanuts" to avoid risk of gluten contamination.
- ★Szechuan Garlic Chicken 11.55
Loaded with sweet bell peppers, onions and garlic
- ★Chicken in Black Bean Sauce with onions 11.55
- ★Mongolian Chicken 11.55
Spicy white chicken with green onions, on crispy rice noodles
- White Chicken and Vegetables in YOUR CHOICE of sauce 11.55
Choose from: ★Szechuan sauce
Garlic sauce
Black bean sauce
- Stir-fried Almond Chicken with bamboo shoots and green peppers 11.55
Order "without almonds" to avoid risk of gluten contamination.
- Moo Goo Gai Pan 11.55
Sliced chicken breast with mushrooms and snow peas
- White Chicken with Broccoli..... 11.55
- Pineapple Chicken with Cashews and Snow Peas..... 11.55
Order "without cashews" to avoid risk of gluten contamination.

SEAFOOD

- ★Kung Pao Shrimp OR Scallops 13.95
With green onions, chili peppers and peanuts
Order "without peanuts" to avoid risk of gluten contamination.
- Snappy Vegetables with Prawns or Scallops..... 13.50
In a gently flavored garlic sauce
- Crystal Prawns with Mushrooms..... 13.50
Prawns in a delicate, crystal clear sauce
- Prawns in "Lobster" Sauce 13.50
- Cashew Shrimp with Water Chestnuts 13.50
Order "without cashews" to avoid risk of gluten contamination.
- Happy Family 14.95
Prawns, scallops, and white chicken, stir-fried with fresh vegetables
(This item must be ordered "without meatballs" to be gluten free.)
- ★Kung Pao Squid..... 13.95
Tender chunks of squid steak curled up together with green onions,
chili peppers and peanuts
Order "without peanuts" to avoid risk of gluten contamination.
- ★Salt and Pepper Squid.....\$14.25
Crispy fried squid curls tossed with savory spices