ph (206) 528-5575

SNAPPY DRAGON

8917 Roosevelt Way NE
www.snappydragon.com

Gluten-free Menu

Snappy Dragon is not a completely gluten-free restaurant. We **cannot guarantee** that there will not be gluten contamination of food prepared in our kitchen. We do take your dietary needs seriously and will strive to prepare and serve all food as you request.

We can use gluten-free soy sauce to prepare any item on our regular menu. But only the items listed on this gluten-free menu can be nearly guaranteed to be gluten-free.

Please give us feedback about our gluten-free menu, and how we have met your needs.

If you are on a gluten-free diet, *please specify "Gluten Free" for each item* you would like to have prepared gluten free.

We have highlighted any additional details that need to be specified by you when ordering.

APPETIZERS

Crystal Prawns with Mushrooms (half order) 10.95
Available entrée size: see "Seafood"

SOUPS

Sizzling Rice Soup (Quart) 12.95
Delicate broth with white chicken, shrimp, and colorful vegetables
Comes with crispy rice cakes

NOODLE SOUPS

Choose either rice noodles or bean starch noodles

White Chicken with Spinach Noodle Soup 13.95

Vegetable Noodle Soup 13.95
A wide assortment of fresh vegetables in vegetable broth

Seafood Noodle Soup 16.95
Shrimp, scallops, squid and fresh vegetables

SNAPPY DRAGON SPECIALTIES

Asparagus in Black Bean Sauce 12.95
…with chicken or beef added 14.95
…with prawns added 15.95

★ "Ants Climb a Tree" 12.95
Fine bean starch noodles, shreds of pork and green onions tossed with a spicy szechuan sauce (original minced pork is not GF)

★Any dish marked with a star (★) will be prepared three-star (medium-spicy) unless requested otherwise, on a one to five star scale.

CLAY POT STEW

Seafood Stew 16.50
Prawns, scallops, baby corn, mushrooms and water chestnuts
(This item must be ordered "without meatballs" to be gluten free.)

Clay Pot Tofu Stew 13.50
Steamed tofu with Fen-si (thin bean starch noodles) and three kinds of mushrooms

Land and Sea Stew (two quarts) 18.50
This homestyle broth overflows with delicious meats, vegetables, steamed tofu, fen-si noodles and seafood *(This item must be ordered "without meatballs" to be gluten free.)*

MU SHU

(Gluten Free Mu Shu comes with three servings of white or brown rice, instead of pancakes)
Mu Shu is a recipe of cabbage, scallions, mushrooms, bamboo shoots and eggs sautéed together

Mu Shu Vegetable and egg (as described above) 12.50

As above, plus add chicken 12.95

As above, plus add pork 12.95

As above, plus add shrimp 13.50

*(Note: Pressed tofu cannot be guaranteed gluten free, so it is not listed here.
Hoisin sauce is NOT gluten free.)*

RICE

Fried Rice: 12.25
With choice of beef, chicken, vegetables, OR (regular) pork,
(BBQ pork is ***NOT*** available gluten-free)

Shrimp Fried Rice 13.25

Snappy Dragon Fried Rice 12.25
Contains an assortment of shrimp, beef, chicken and vegetables

Mandarin Fried Rice 13.95
Shrimp, eggs and scallions in a lightly-fried white rice
(Order "without pickled vegetables" for it to be gluten-free.)

Steamed White Rice: ..... 3.00 per pint

Steamed Brown Rice: ..... 3.50 per pint

STIR-FRIED NOODLES

Chow Mi-Fun 12.25
Stir-fried fine rice noodles with choice of pork, beef, chicken OR vegetables

Shrimp Chow Mi-Fun. 13.25

Snappy Dragon Chow Mi-Fun 13.25
Stir-fried fine rice noodles with shrimp, chicken, beef AND vegetables

Seafood Chow Mi-Fun. 14.25
Stir-fried fine rice noodles with shrimp, scallops and squid

★Any dish marked with a star (★) will be prepared three-star (medium-spicy) unless requested otherwise, on a one to five star scale.

PORK

★Hunan Pork 12.95
Shredded pork and bamboo shoots in spicy black bean sauce

BEEF

★Mongolian Beef 13.75
Spicy beef with green onions, on crispy rice noodles

★Szechuan Garlic Beef 13.75
Beef with sweet bell peppers, onions and garlic

★Ginger Beef 13.75
Fresh ginger sautéed with bamboo shoots and beef

★Hunan Beef 13.75
Sliced beef in spicy black bean sauce, with a variety of vegetables

Beef with Broccoli OR Beef with Snow Peas and Water Chestnuts 13.75

VEGETABLES AND TOFU

Note: Fried tofu may have contacted oil that has contacted wheat.
Please specify "steamed tofu," if you wish to avoid this risk.

Assorted vegetables 10.75
Broccoli, snow peas, mushrooms, baby corn, carrots, and more, stir-fried in
YOUR CHOICE of sauce:
★Szechuan Sauce
Garlic Sauce
Black Bean Sauce
OR steamed and served with your choice of sauce on the side

ADD Fried or Steamed Tofu to this or any other dish *(see Fried tofu note above)* +3.25

★Mongolian Tofu 12.50
Spicy fried tofu with green onions, on crispy rice noodles *(see Fried tofu note above)*

Dry Sauteed String Beans with Almonds 13.25
Garlic Sauce OR Black Bean Sauce available gluten free, but please order "without almonds" to avoid risk of gluten contamination.
Original sauce not guaranteed gluten free, due to pickled vegetables and almonds.

★Ma Po Tofu (Szechuan Steamed Bean Curd) Rich and Spicy..... 11.75
…with beef or shreds of pork added to the tofu (minced pork is not GF).....13.25

Spinach OR Bok Choi with fresh garlic 13.25

★Ginger Tofu 12.50
Fresh ginger sautéed with bamboo shoots and fried tofu *(see Fried tofu note above)*

★Kung Pao Tofu 12.50
Fried tofu tossed with chili peppers, green onions and peanuts *(see Fried tofu note above)*
Order "without peanuts" to avoid risk of gluten contamination.

★Rainbow Tofu 13.25
Tender cubes of steamed tofu, gently stir-fried with a variety of vegetables
and spicy Szechuan sauce

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CHICKEN

★Kung Pao Chicken. 13.75
Sliced chicken breast with green onions, chili peppers and peanuts
Order "without peanuts" to avoid risk of gluten contamination.

★Szechuan Garlic Chicken 13.75
Loaded with sweet bell peppers, onions and garlic

★Chicken in Black Bean Sauce with onions 13.75

★Mongolian Chicken 13.75
Spicy white chicken with green onions, on crispy rice noodles

White Chicken and Vegetables in YOUR CHOICE of sauce 13.75
Choose from: ★Szechuan sauce
Garlic sauce
Black bean sauce

Stir-fried Almond Chicken with bamboo shoots and green peppers 13.75
Order "without almonds" to avoid risk of gluten contamination.

Moo Goo Gai Pan 13.75
Sliced chicken breast with mushrooms and snow peas

White Chicken with Broccoli. 13.75

Pineapple Chicken with Cashews and Snow Peas. 13.75
Order "without cashews" to avoid risk of gluten contamination.

SEAFOOD

★Kung Pao Shrimp OR Scallops 15.25
With green onions, chili peppers and peanuts
Order "without peanuts" to avoid risk of gluten contamination.

Snappy Vegetables with Prawns or Scallops. 15.25
In a gently flavored garlic sauce

Crystal Prawns with Mushrooms. 15.25
Prawns in a delicate, crystal clear sauce

Prawns in "Lobster" Sauce 15.25

Cashew Shrimp with Water Chestnuts 15.25
Order "without cashews" to avoid risk of gluten contamination.

Happy Family 16.75
Prawns, scallops, and white chicken, stir-fried with fresh vegetables
(This item must be ordered "without meatballs" to be gluten free.)

★Kung Pao Squid. 15.25
Tender chunks of squid steak curled up together with green onions, chili peppers and peanuts
Order "without peanuts" to avoid risk of gluten contamination.

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